



Yummy Chicken Breast Rings

Ingredients:

BONELESS SKINLESS CHICKEN BREAST WITH RIB MEAT, WATER, WHEAT FLOUR, YELLOW CORN FLOUR, ISOLATED SOY PROTEIN, CORN STARCH, SALT, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), VEGETABLE OIL (CANOLA AND/OR SOYBEAN AND/OR SUNFLOWER), DISTILLED VINEGAR, SPICES, AUTOLYZED YEAST EXTRACT, EXTRACTIVE OF PAPRIKA, GUAR GUM, NATURAL FLAVOR, YEAST, DOUGH CONDITIONER (ASCORBIC ACID, L-CYSTEINE MONOHYDROCHLORIDE), FLAXMEAL. ALLERGENS: SOY, WHEAT.

Nutrition Facts		
Serving size 3 pieces (84g)		
Servings per Container About 9 (1.75 lbs)		
Servings per Container About 13 (2.5 lbs)		
Amount Per Serving	% Daily Value	
Calories	180	Calories from Fat 70
Total Fat	8 g	12 %
Saturated Fat	1 g	6 %
Trans Fat	0 g	
Cholesterol	10 mg	3 %
Sodium	580 mg	24 %
Total Carbohydrate	18 g	6 %
Dietary Fibre	< 1 g	3 %
Sugars	0 g	
Protein	10 g	
Vitamin A		2 %
Vitamin C		2 %
Calcium		2 %
Iron		4 %

Heating instructions:

****Warning: Do not defrost. Heat this product from the frozen state. Since appliances may vary in power, these instructions are guidelines only.**

Conventional oven: Preheat oven to 425° F. Heat for 8 to 10 minutes.

Microwave oven: Heat on high power for 2 minutes for 6 pieces. Turn product halfway through cooking time.

Fryer: Preheat oil to 350°F. Fry for 1 to 1 ½ minutes.



Labeled for Child Nutrition Programs

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Three 1.00 oz. fully cooked chicken breast patty fritters with rib meat provide 1.00 oz. equivalent meat/meat alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 08-08).